

Following are samples of easy brain activities to with pre-school children from:

[Ready, Set, Grow Activity Cards – Let's Do More While I'm Four](#)

Ordering information at: 608-284-0580



Oh the Things You Can Do!

OBJECT MEMORY GAMES

Put a few small items on the table or floor. Have me look at and feel the objects. Then, while I have my eyes closed, remove one item. Have me open my eyes and name the missing item.

Let's do more: Change the position of one of the items and have me put them back in the original order.

Research shows that children learn more when they are having a wonderful time. Having a relaxed fun time with you is the best way to help my brain grow.

PICK UP

Make cleaning up a game. Give me directions to follow. For example: Say, "Put the game on the shelf and take 5 hops back." Or say, "Put the book in the basket, turn around three times, and skip to me."

Remembering instructions in order is important for me to learn. It is usually easiest to remember the last thing you tell me. I need a fun way to practice remembering more than one instruction.

GROCERY STORE MATCHING

Bring a coupon or label from a product from home. As we go through the grocery store have me look for the product that matches the label or coupon.

I do not learn from just watching. My brain only learns when I am involved in activities.