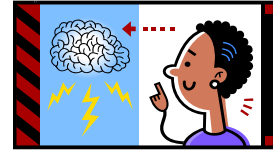


Did you know



- Brain cells are changed every time attention is focused on something.
- Play is the way children get smarter.
- Repeated experiences make brain connections stronger.
- 85% of brain development takes place by the time a child is three.
- The brain is created by *whatever* environment it is exposed to.
- Language develops by age four through being spoken to from birth.
- The base for relationships throughout life is created by the type of attention received in the first 18 months.
- The brain thrives by exploring new things.
- If an infant isn't touched the body and brain will stop growing.
- Stress harms the brain --- children learn best when having a wonderful time.
- The brain doesn't store energy - exercise and healthy foods are needed every day.
- Children need regular routines and enough sleep to help organize their brain.
- The brains of boys and girls develop differently. It is important to understand what is best for each gender.

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