

Bubbles, Bubbles, Bubbles and the Brain



Bubbles really do help babies babble better. Bubble blowing is an easy and fun way to support your child's developing brain. The stimulation that bubbles provide is an exciting way to help children develop many valuable skills and

Skills that are developed with bubble play:

- Playing with bubbles allows the child to coordinate breathing and movements with the mouth and tongue which supports **language development**.
- Bubble play also provides opportunities to practice **eye-hand coordination**.
- **Large motor skills** are developed as they chase and try to catch or jump on bubbles.

1. **No spill containers** . . . no worry about spilling anything! The bubbles can be left out for the children to play with as often as they want.
2. **Blow lots of bubbles.** This helps with all sorts of muscles in your mouth for speech development for forming words and articulation.
3. **Pop a bubble.** Reaching all sorts of positions helps with muscle coordination and eye/hand coordination.
4. **Isolate that finger.** Use the pointer finger to pop the bubble. Now put the bubble on different body parts while you label them. This helps with language, cognitive and sensory development.
5. **Color bubbles.** Add some food coloring and blow the bubbles onto paper and make bubble prints.
6. **Frozen bubbles.** Take the bubbles outside in the winter and blow. Watch the bubbles freeze in mid-air.
7. **Tons of bubbles.** Hold the wand in front of a fan. Millions of bubbles will be created. (Parents, you must be around for this one.)
8. **Jump on a bubble.** Blow the bubbles on a carpet. Let the children jump to pop them. This is great for large motor muscle development.
9. **Catch a bubble.** If your hands are wet, you can catch and hold a bubble. You can also catch a bubble with another bubble.
10. **Count bubbles.** Encourage the children to blow a set of bubbles that you specify. For example, if you say the number "three," the children would try to blow three bubbles.
11. **All ages entertainment.** Bubbles can entertain and bring all ages of people together. Share with grandparents and babies . . .

. **enjoy the magic of bubbles!**

Wisconsin Council on Children and Families

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