

## 2007 Children Come First Conference

**October 18th & 19th**  
**Chula Vista Resort, Wisconsin Dells**

The Children Come First Conference has brought parents and professionals together and promoted parent/professional partnerships for 18 years. Professionals who work with children with emotional and behavioral disorders and parents of those children come together to learn creative ways to strengthen families, advocate for children and families, and become community leaders for the support and treatment of children with complex needs. An inspirational education experience, the Children Come First Conference offers sessions for parents and professionals at different levels of experience.

**NEW THIS YEAR**

**Longer workshop sessions with more in-depth presentations and discussions, and plenary sessions that are meaningful tools designed to provide skills for either parents or professionals.**

**CONTINUING EDUCATION CREDITS**

**October 18th – 5.5 hours**

**October 19th – 3.5 hours**



## Featured Plenary Speakers

To create enhanced learning opportunities for both professionals and parents who attend the conference, our two plenary programs will run concurrently, with Conni Wells targeting her keynote to parents and Mark Reinecke targeting professionals. While these presentations are being specifically structured to the targeted audiences, attendees are welcome to go to the presentation of their choice.

### Research and Treatment Strategies of Cognitive Behavioral Therapy for Youth

*Mark A. Reinecke PhD, ABPP, ACT, Northwestern University, Feinberg School of Medicine, Professor of Psychiatry & Behavioral Sciences, Chief, Division of Psychology*

Childhood depression is an important social problem. The disorder is common, and places youth at risk for academic and social problems, alcohol and substance abuse, recurrent depression during adulthood, and suicide. In this plenary we will discuss recent advances in Cognitive Behavioral Therapy with youth. A brief review of research regarding vulnerability for depression will be followed by a discussion of empirically-supported “modular” treatment strategies. We will conclude with a review of recent outcome research and treatment guidelines.

### What About Me?

*Conni J. Wells, Owner, Axis Group, LLC, Executive Director, Florida Institute for Family Investment*  
This session will help families build their capacity to meet their children’s mental health needs in a system that is often intimidating, fragmented, and difficult to navigate. Participants will fine tune their communication and advocacy skills to better serve as partners with others to ensure that services are responsive to the needs of their families and others like them. This highly interactive session will facilitate networking, problem solving, and targeted activities that will reinforce new approaches and ideas that can improve outcomes for families and their children.

### Wednesday Night: New This Year Crossroads and Connections for parents.

Please join us for some interesting and informative sharing, learning, and play. Teach us as we teach you. Tell us what you need to enhance your family’s lives. We will have puzzles, games, and crafts for the kids to play with. We will have resources to share. We will have advocates from Wisconsin Family Ties, Coordinated Services Teams, and Mentors on hand to talk with and share ideas. Please come and enjoy an evening of caring, sharing, and networking. Refreshments will be provided. This will be a safe environment for everyone.

## Conference at a Glance

### Wednesday, October 17

6:00 – 7:30pm  
Cross Roads and Connections

### Thursday, October 18

8:15-9:00am  
Coffee and Registration

### 9:00-9:15am

Welcome from Charity Eleson,  
Wisconsin Council on Children and Families

### 9:30am-12:00noon

Workshop Session A

### 12:00noon-1:00pm

Optional Lunch Buffet (additional \$5 per person)

### 1:15-2:45pm

Workshop Session B

### 2:45-3:00pm

Break

### 3:00pm – 4:30pm

Workshop Session C

### Friday, October 19

8:15-9:00am  
Coffee and Registration

### 9:00am-12:00noon

Plenary Presentations:  
Mark Reinecke and Conni Wells run concurrently

### 12:00-2:00pm

Lunch with Awards and a Workshop Presentation(s)  
from Youth Program

## Hotel Information

Chula Vista Resort and Conference Center, 4031 River Road, Wisconsin Dells, 53965, [www.chulavistaresort.com](http://www.chulavistaresort.com) 1-866-382-4852. Conference rates: \$62 single, \$82 double, additional \$10 per additional guest.

Hotel Reservations must be made by SEPTEMBER 18, 2007 to receive the conference rate. Call 1-866-382-4852 today.

## Workshops at a glance

### Juvenile Justice Track

#### Effective Approaches to Delinquent Youth

Cathy Connolly and Scott Carpenter, St. Charles Youth & Family Services; Margaret Pena, Community Service RN-Wraparound Milwaukee; Jim Moeser, Dane County Juvenile Court Program

#### Working with Juvenile Sex Offenders and Their Families in the Community

J. Mark Hensley, Pastor—The People's Church

#### Juvenile Justice Panel: What You Need to Know!

Jill O'Keefe, Community Partnerships; Benjamin Gonring, Esq., Assistant State Public Defender, Madison Trial Office

### Girls and Age Issues Track

#### Connections: Rethinking Strategies to Connect Delinquent Girls to Success

Jennifer Wilder, LaCausa, Inc, Jan Wilberg, Ph.D., Community Planning, Research Program Development; Chris Morano, Director, Mobile Urgent Treatment Team—Wraparound Milwaukee Program

#### CUT the Video: Viewing and Discussion

Wendy Schneider

#### Voluntary Mental Health Treatment of Minors

Phyllis Greenberger and Dianne Greenley—Disability Rights Wisconsin

### Wraparound Essentials Track

#### IEP for Parents' Rights and Educational Advocacy

Chris Shafer, Milwaukee Co Behavioral Health Division and Family United of Milwaukee; Ann Hager, Sr. family advocate in Western Wisconsin for Wisconsin Family Ties

#### Wraparound Maintaining Fidelity

Lawrence J. Winter, La Crosse County Integrated Services Project; Dan J. Naylor, White Pines Consulting; Hugh Davis, Wisconsin Family Ties, Inc.; Karen Bittner, Community Partnerships, Inc

#### Financial Sustainability in Wraparound

Mary Kennedy, Kennedy Consulting, Christine S. Wolf, MSW, LCSW—Wisconsin Department of Health and Family Services, Division of Health Care Financing

### Emerging Issues: Continuum of Care Track

#### Working with Young Children

Karin Beal, Rogers Memorial Hospital

#### Primary Care Teams—Tips on How to Create Successful Family Interaction for all Involved

Melissa Blom, CSW Family Interaction Plans, Brown Co Department of Human Services

#### Changing Roles of Residential Treatment

Cathy Connolly, Community Service R.N.; Scott Carpenter, St. Charles Youth & Family Services

### Emerging Issues: Assessment and Treatment Track

#### Trauma and its Effects on Adolescents

Jennifer Wilgocki, MS—Mental Health Center of Dane County, Inc, Project and Training Coordinator, Adolescent Trauma Treatment Program

#### Reactive Attachment Disorders

Ray W. Kinney M.S., Director, Cornerstone Center for Attachment

#### Current Problems and Promises in the Use of Psychiatric Medications with Youth

Dr. Michael T. Witkovsky, MD, Child & Adolescent Psychiatrist, Clinical Consultant—Project Fresh Light, Bureau of Mental Health & Substance Abuse

### Alternative Therapies and Looking Ahead Track

#### The Role of Alternative Therapies

Toni Schriver, PAWWS to Heal; Dawn Papke, craniosacral therapist, Amazing Therapy, Inc.; Mariah LeFeber, Hancock Center for Movement and Arts Therapy

#### Transitioning to Adulthood: It's Never Too Early to Begin

Nancy Marz, Wisconsin Department of Health & Family Services; Pamela L. Snyder, Iron County Dept of Human Services

#### Ready, Set RELAX: Approaches to Anxiety

Roger Klein, PsyD, Family Resources Associates, Inc.

CCF Conference presented by: Wisconsin Council on Children and Families and Department of Health and Family Services, Bureau of Mental Health and Substance Abuse Services, with assistance from Wisconsin Family Ties.

## Workshop Session A

### 1-A

#### Effective Approaches to Delinquent Youth

*Cathy Connolly and Scott Carpenter, St. Charles Youth & Family Services; Margaret Pena, Community Service RN, Wraparound Milwaukee; Jim Moeser, Dane County Juvenile*

Communities across the nation are faced with an increasingly complex delinquent population with multiple family and mental health issues. This session demonstrates how multiple systems of care (public and private) have collaborated to develop innovative approaches to dealing with this population through prevention, intervention and alternatives to corrections programming.

### 2-A

#### Connections: Rethinking Strategies to Connect Delinquent Girls to Success

*Jennifer Wilder, LaCausa, Inc.; Jan Wilberg, Ph.D., Community Planning, Research Program Development; Chris Morano, Director, Mobile Urgent Treatment Team, Wraparound Milwaukee Program*

Girls comprise an ever-increasing proportion of the youth offender population and are increasingly likely to have committed violent offenses such as battery or assault. This workshop presents findings from a study of Milwaukee girls in secure detention and their parents and makes recommendations for policy and program development including looking at the interlocking nature of the child welfare and juvenile justice systems and understanding the fundamental importance of relationships in truly engaging delinquent girls in positive change over the long term.

### 3-A

#### IEP for Parents' Rights and Educational Advocacy

*Chris Shafer, Milwaukee Co Behavioral Health Division and Family United of Milwaukee; Ann Hager, Sr. family advocate in Western Wisconsin for Wisconsin Family Ties*

How to bring schools and wraparound teams together? The goals of the session include how to better blend IEP with the wraparound process and how to be a better team member. In addition, this workshop will provide advocacy tools for participants including strategies to help parents have meaningful participation in an IEP meeting.

### 4-A

#### Working with Young Children

*Karin Beal, Rogers Memorial Hospital*

This session will discuss early identification of children's needs and why this early intervention can be so important. The evaluation of needs early for children and working with parents, providers and kids for the benefit of meeting that child's needs. A successful formula for how parents with exceptional children can bring in extended families and building a safety plan.

### 5-A

#### Trauma and its Effects on Adolescents

*Jennifer Wilgocki, MS, Mental Health Center of Dane County, Inc, Project and Training Coordinator, Adolescent Trauma Treatment Program*

Adolescents who have experienced traumatic events often face myriad challenges. This workshop will provide an overview of the following issues related to adolescent trauma: the emotional, behavioral, and neurobiological effects of trauma, symptoms of PTSD and Complex PTSD, traumatic grief, reenactment behaviors, tension reducing behaviors including substance abuse and self injury, and the developmental impact of trauma.

### 6 - A

#### The Role of Alternative Therapies

*Toni Schriver, PAWWS to Heal; Dawn Papke, craniosacral therapist, Amazing Therapy, Inc.; Mariah LeFever, Hancock Center for Movement and Arts Therapy*

What are the benefits of including an alternative treatment system? All over Wisconsin new methods of alternative therapy are becoming an important part of treatment for children. This workshop looks at craniosacral therapy and animal assisted therapy.



## Workshop Session B

### 1-B

#### **Working with Juvenile Sex Offenders and Their Families in the Community**

*J. Mark Hensley, Pastor—The People's Church*

The workshop will provide insight into effective programming and approaches for working with Juvenile sex offenders and their families to keep the community safe and help the juvenile plan for and create a successful future. The knowledge learned from working with every typology of Juvenile Sex Offenders, 3,500 hours of study on this subject, and the examination of many successful treatment and community programs, will all be used to help create a foundation for making good decisions regarding the management and treatment of Juvenile Sex Offenders.

### 2-B

#### **CUT the Video: Viewing of the Video Conversation with Filmmaker**

*Wendy Schneider*

It's estimated that 1 in 25 Americans will harm themselves at some time in their lives, yet self-harm is either unknown or misunderstood, compounding the pain and despair of those afflicted. CUT features candid interviews with teens at various stages of recovery; rock icon Shirley Manson's personal struggle with self injury; parents; and mental health professionals dedicated to helping and educating teens. There's an urgent need for understanding and solutions. CUT is an introduction to one aspect of self injury affecting teens and those around them.

### 3-B

#### **Wraparound Maintaining Fidelity**

*Lawrence J. Winter, La Crosse County Integrated Services Project, Dan J. Naylor, White Pines Consulting, Hugh Davis, Wisconsin Family Ties, Inc.; Karen Bittner, Community Partnerships, Inc*

Are we “doing wraparound?” How does a family team, coordinating committee, or system of care know if they are staying true to the wraparound process on all levels? This session will review the “non-negotiables”, or basic components, that are inherent in successful wraparound projects. Participants will be given tools to help evaluate if wraparound values and principles are truly a part of their process on child and family teams, coordinating committees and across systems, as well as information on accessing additional support and technical assistance needs.

### 4-B

#### **Primary Care Teams—Tips on How to Create Successful Family Interaction for all Involved!**

*Melissa Blom, CSW Family Interaction Plans, Brown Co Department of Human Services*

This presentation will give practical tips for parents, foster parents, case managers and other professionals in the field of Child Welfare on how to facilitate successful family interaction for children and families experiencing out of home care. Based on a primary care team approach to managing family interaction, you will learn what all participants on the team need to know in order for quality attachment time to occur among children and their parents. The message we want the team to remember is that we must keep “parents doing the job of parenting”.

### 5-B

#### **Reactive Attachment Disorders**

*Ray W. Kinney M.S., Director, Cornerstone Center for Attachment*

This workshop will provide an overview of attachment issues and how parents can begin to regain control of their homes, lives, and children and help the child begin the journey of building trust. Knowledge is power and parents who receive the proper help experience a renewed sense of hope for their families.

### 6-B

#### **Transitioning to Adulthood: It's Never Too Early to Begin**

*Nancy Marz, Wisconsin Department of Health & Family Services; Pamela L. Snyder, Iron County Dept of Human Services*

A workshop designed for parents of children of all ages, “It's Never Too Early to Begin” focuses on planning for your child's future, especially if your child has exceptional needs. By starting to plan as early as possible, we learn how to navigate the system so that our children have a better chance for a healthy, happy, and productive life—every parent's dream. Transition into adulthood does not have to be a scary experience. Let us share what we know—and come share what you know—to get a good start on your journey.

*continued next page*

## Workshop Session C

### 1-C

#### Juvenile Justice Panel: What You Need to Know!

*Jill O'Keefe, Community Partnerships, Benjamin Gonring, Esq., Assistant State Public Defender, Madison Trial Office*

This panel will discuss the basics of how the juvenile court system works. Perspectives will be shared by a parent, a juvenile, and a defense attorney. By walking through each step of the court process, participants will be able to explore what is seen as effective and what can or should be done better.

### 2-C

#### Voluntary Mental Health Treatment of Minors

*Phyllis Greenberger and Dianne Greenley—Disability Rights Wisconsin*

This workshop will review the current law on inpatient and outpatient mental health treatment of minors, with a focus on changes in the law that were enacted during the last legislative session. Presenters will overview the law and answer participants' questions.

### 3-C

#### Financial Sustainability in Wraparound

*Mary Kennedy, Kennedy Consulting, Christine S. Wolf, MSW, LCSW, Wisconsin Department of Health and Family Services, Division of Health Care Financing*

Planning for the long-term financial sustainability of the Coordinating Service Team (CST) process past the life of the original grant can be a challenge. This session will provide an overview of some of the options available to help sites plan for funding of staff and resources needed to sustain CST long-term.

### 4-C

#### Changing Roles of Residential Treatment

*Cathy Connolly, Community Service R.N.; Scott Carpenter, St. Charles Youth & Family Services*

This workshop will outline how St. Charles Youth & Family Services reengineered its residential programs to link them to community-based services and supports. This workshop will provide information on innovative approaches to dealing with this issue such as:

- Short term Alternative Care programs
- Residential links to community-based services
- Building Bridges Summit

### 5-C

#### Current Problems and Promises in the Use of Psychiatric Medications with Youth

*Dr. Michael T. Witkovsky, MD, Child & Adolescent Psychiatrist, Clinical Consultant—Project Fresh Light, Bureau of Mental Health & Substance Abuse*

This workshop will review the general use of medications in children, and focus intensely on using research literature to shape individual treatment plans for youth. We will clarify hopes for the outcomes of medication interventions and reinforce necessary monitoring strategies for benefits and side effects. The workshop will provide resource guides for additional information on medications to inform families, consumers, and non-medical treatment team members; and identify effective strategies for working with busy physicians. The overall goals are to lay a foundation of understanding about medications, to frame references for knowledge acquisition that are available to anyone, to build collaborative, satisfying and effective relationships with medical providers of services for youth.

### 6-C

#### Ready, Set RELAX: Approaches to Treating Anxiety

*Roger Klein, PsyD, Family Resources Associates, Inc.*

This workshop is designed for those seeking to expand their knowledge of diagnosis and interventions for Anxiety Disorders in children. Anxiety disorders are the most common mental illnesses in America affecting as many as one in ten youth. Workshop participants will learn specific interventions to use with individual children or groups of children in schools, health facilities, clinical settings and at home. Workshop goals: Identify negative impacts of stress; Identify most common anxiety disorders; Teaching relaxation and imagery to children and teens; Implementing a treatment model in your work setting.



**Please register online. Children Come First event page: [www.wccf.org/event\\_ccf2007.php](http://www.wccf.org/event_ccf2007.php)**

Your name \_\_\_\_\_ Employer/Organization \_\_\_\_\_

Home phone \_\_\_\_\_ Work phone \_\_\_\_\_ Cell phone \_\_\_\_\_

Position/Parent \_\_\_\_\_

Street address:  Home or  Work City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Attending both days \$150  Attending Thursday only \$85  Attending Friday only \$85

Vegetarian meal  Accessibility needs—contact Lisa Carlson at 608-284-0580 ext 304

<b>Workshop Choices (please circle)</b>	<b>Workshop Session A</b>	1	2	3	4	5	6
	<b>Workshop Session B</b>	1	2	3	4	5	6
	<b>Workshop Session C</b>	1	2	3	4	5	6

**Payment Options** *Payment is expected to be paid in full prior to conference admittance. Please make checks payable to Wisconsin Council on Children and Families or WCCF.*

Check payment enclosed for \_\_\_\_\_ registrants in the amount of \$ \_\_\_\_\_

Payment included for:  both days  Thursday, October 18th  Friday, October 19th

Credit card payments can be made on line at [www.wccf.org](http://www.wccf.org), click on the *Children Come First Conference* link or call Lisa at 608-284-0580 ext 304

**Mailing Address** Wisconsin Council on Children and Families, Inc., 555 West Washington Avenue, Suite 200, Madison, WI 53703  
**FAX** 608-284-0583

**Cancellation Policy** A written cancellation must be submitted to the WCCF office by October 17th 12 P.M. to qualify for an 80 percent refund. Please fax or email your cancellation to 608-284-0583—Lisa Carlson [lacarlson@wccf.org](mailto:lacarlson@wccf.org). Thank You!

**Wisconsin Council on Children and Families (WCCF) Parent Registration Scholarships** are available from WCCF for parents of children in wraparound or related services. There are a limited number of scholarships so please call Lisa at 608-284-0580 ext 304 as soon as possible to apply.

**Wisconsin Family Ties Parent Expense Scholarships for Lodging** A limited number of parent scholarships for lodging are available through Wisconsin Family Ties (WFT). Scholarship requests may be made by calling Eleanor McEntee at 800-422-7145 or 608-267-6888; or emailing [Eleanor@wifamilyties.org](mailto:Eleanor@wifamilyties.org).

**Youth Program** Back by popular demand, the highly successful (and just plain fun) “Youth Program” will continue this year. Children need to be registered to participate. For more information about the Youth Program please email Sarah Tarjeson [sarahtarjeson@co.manitowoc.wi.us](mailto:sarahtarjeson@co.manitowoc.wi.us) or call her at 920-683-4283.

**Youth Program Initial Registration** Parents will be contacted closer to the conference for additional details. Make copies as needed.

Child’s name \_\_\_\_\_ Age \_\_\_\_\_ Phone Number \_\_\_\_\_

Youth 12-18 will participate in the workshop presentation program

Youth receiving services and does not wish to participate in workshop presentation

Sibling of youth receiving services

*Mail or fax this completed registration form to address listed above*

**2007 Children Come First Conference Awards!!!!**

Nominate an Individual, Organization or Youth Online at [www.wccf.org](http://www.wccf.org)

Every day someone makes a difference in the lives of children in Wisconsin. The Children Come First Conference Awards recognized those individuals, organizations, and youth who go the extra mile for children in Wisconsin involved in the wraparound or related services systems of care. Please take the time to make a nomination today at [www.wccf.org](http://www.wccf.org)

**Bringing it Back Home:  
Caring for Children in Our Communities**

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**Reserve your hotel today!  
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555 West Washington Avenue, Suite 200  
Raising Voices to Make Every Kid Count

**children  
& families**  
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